

Sexual Health Strategy for Rotherham 2015 – 2017

Framework for Delivery

| Strategic Priorities | Actions | Responsibility (lead in bold) |
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| <p>Prevention and early diagnosis of STIs and sexual ill health</p> <ul style="list-style-type: none"> • increase in awareness of sexual health among local healthcare professionals as part of the making every contact count approach • all children and young people to know how to ask for help and to be able to access confidential advice and support about wellbeing, relationships and sexual health • all young people to have the confidence and emotional resilience to understand the benefits of loving, healthy relationships and delaying sex • all young people to understand consent and issues around abusive relationships • all young people to make informed and responsible decisions, understand issues around consent and the benefits of stable relationships and are aware of the risks of unprotected sex • older people with diagnosed HIV to access any health and social care services they need • people with other physical problems that may affect their sexual health to access the support they need • young people to receive appropriate information and education to enable them to make informed decisions • young people to have the appropriate support to ensure they have ambitions, stay engaged, reach high levels of educational attainment and have the best start in life | <p>Ensure that sexual health is included in appropriate training packages – produce action plan for delivery including timelines</p> <p>Map the provision of Sex and Relationship Education across Rotherham schools.</p> <p>Ensure all young people in schools have access to good quality SRE - target schools where this is not in place – produce action plan including timelines</p> <p>Ensure the delivery of good quality SRE and HIV prevention in all educational settings – review activity – produce action plan to target young people not in education and LAC</p> <p>Review support for vulnerable individuals and groups to access sexual health services – produce action plan for delivery including timelines</p> <p>Review and rewrite the Sexual Health Policy for LAC and Children leaving care with particular reference to CSE</p> | <p>RMBC PH</p> <p>School Improvement Service/Head Teachers/Governing Bodies</p> <p>School Improvement Service/Head Teachers/Governing Bodies/ IYSS</p> <p>RMBC PH /CCG//The Gate general practice</p> <p>RMBC PH/LAC team</p> |
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| <p>Reduction in unintended conceptions and repeat terminations</p> <ul style="list-style-type: none"> • have a sexual health culture in Rotherham that prioritises prevention and supports behaviour change • make sure that the people of Rotherham, especially those most at risk of poor sexual health, are motivated to practice safer sex • young people to have access to the full range of contraceptive methods • all young people to have easy access to confidential sexual health services including emergency contraception and abortion | <p>Review youth clinics provision – produce action plan including timescale</p> <p>Review and assess the current Hardwear scheme and relaunch</p> <p>Deliver EHC in the community (pharmacy) to age 14-16, including CSE referral pathway</p> | <p>RFT/RMBC IYSS</p> <p>RFT/RMBC IYSS</p> <p>Pharmacy/RMBC IYSS</p> |
| <p>Commissioning and delivery for good sexual health taking a life course approach</p> <ul style="list-style-type: none"> • young people to have rapid and easy access to appropriate services • all young people, whatever their sexuality, to have their sexual health needs met • all Rotherham residents to understand the range of choices of contraception and where to access them • people with additional needs to be identified and appropriately supported • all Rotherham residents to have information and support to access testing and early diagnosis to prevent the spread of HIV and STIs • people of all ages to understand the risks of unprotected sex and how they can protect themselves | <p>Review the School Nursing Service specification to include performance monitoring of sexual health promotion and sexual health services</p> <p>Ensure the provision of support for consistent and robust Sex and Relationship Education across Rotherham schools – produce action plan including timescales</p> <p>Commission pharmacy EHC services to extend access to 14-16 year olds</p> <p>Ensure all providers of services to young people undertake child sexual exploitation (CSE) training appropriate to their level of intervention</p> | <p>RMBC PH</p> <p>School Nursing/School Improvement Service/Governing Bodies</p> <p>RMBC PH</p> <p>LSCB</p> |

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| <p>Commissioning and delivery of high quality, open access, integrated sexual health services</p> <ul style="list-style-type: none"> commissioners to work in partnership with all key players to develop a joint commitment to improving sexual health in Rotherham challenging but achievable outcome measures for our services using robust data and needs assessment interventions and services to be commissioned from high quality providers who have appropriately trained staff meeting recognised national professional guidelines Ensure that commissioned providers have a commitment to training for staff to ensure that there are enough well trained staff locally ensure value for money from our services and equity of access and outcomes | <p>Conduct a sexual health needs assessment to inform commissioning</p> <p>Review service specification for the Integrated Sexual Health Service (ISHS) to ensure value for money, and effective targeting of those most vulnerable to poor sexual health, including sexual abuse and/or exploitation</p> <p>Review Primary Care sexual health services to maximise uptake of LARC</p> <p>Review service specifications for termination services to drive improvement in access to termination <10 weeks gestation</p> <p>Review service specifications for support services from the third sector to maximise take up by vulnerable groups especially in relation to HIV prevention and earlier diagnosis</p> <p>Deliver an integrated sexual health service (ISHS) at main clinic and outreach sites – produce action plan including timescales for integration</p> | <p>RMBC PH</p> <p>RMBC PH</p> <p>RMBC PH</p> <p>CCG</p> <p>RMBC PH</p> <p>RFT</p> |
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| <p>Commissioning an evidence based and sustainable response to child sexual abuse and exploitation</p> <ul style="list-style-type: none"> • robust referral pathways and consistent approaches to identify risk and vulnerability to Child Sexual Exploitation adopted by all services. • evidence based support and protection provided for all young people who are victims and/or at risk from sexual abuse and/or exploitation • survivors of abuse of any age, and parents and families affected by child sexual abuse and/or exploitation have access to support • evidence based interventions are adopted to prevent potential perpetrators from abusing/exploiting vulnerable young people. | <p>Conduct a CSE needs analysis to inform commissioning</p> <p>Develop and implement a joint commissioning strategy in response to the CSE needs analysis, including provision for post abuse support</p> <p>Ensure all commissioned services have appropriate guidelines and referral pathways in place for risk assessment and management of CSE and workforce training appropriate to the level of intervention provided by the service</p> | <p>RMBC PH</p> <p>RMBC, RCCG, NHS E, PCC</p> <p>LSCB</p> |
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